

Where Does Our Food Come From?

| Vocabulary | Definition |
|--------------------------|--|
| continent | A large solid area of land. |
| climate | The average weather conditions in a place over a long period of time. |
| human features | Things built by people, like houses, roads and bridges. |
| physical features | Things that would be here even if there were no people around, like seas, mountains and rivers. |
| trade | Buying and selling things. |
| ports | A place where boats can come and go to load and unload their supplies. |
| Vitamin C | Found in fruits and vegetables, which helps the body to heal wounds and maintains healthy teeth and bones. |

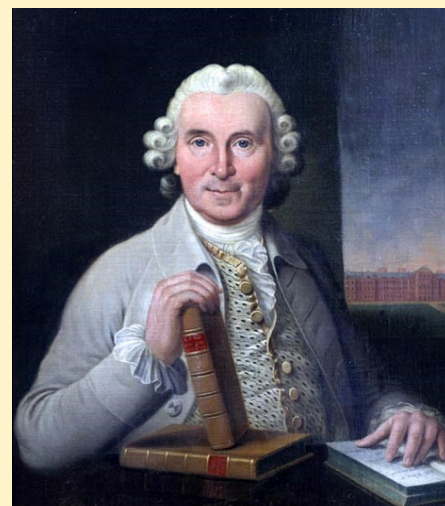
Fair Trade

Fairtrade works with farmers and supermarkets to ensure that the framers get paid and are treated fairly.



James Lind (1716-1794)

- James Lind worked with sailors who were suffering from an illness called scurvy.
- Sailors with scurvy were tired and their joints and muscles were weak and achy.
- Lind discovered that scurvy was caused by a lack of vitamin C and eating citrus fruits could cure the disease.



How do grapes reach our fruit bowl?

Growing

1. In Spain, a country in Europe, grapes are grown on large vineyards.
2. Farmers have to make sure the plants have **enough water**, are **supported** when the grapes become heavy and are **sprayed with pesticides** to get rid of insects.

Harvesting

3. Grapes can be harvested **2 years** after planting.
4. They are harvested by hand and taken to a warehouse. The grapes are sorted into bunches, washed and packed into boxes.

Transportation

5. Lorries collect the grapes from the warehouse and take them to the docks. They are packed into refrigerated cargo ships. It takes around 1 day for the grapes to reach the UK.
6. When they arrive at their destination, they are unloaded from the ship and transported to another warehouse. They are then transported by lorry to shops and supermarkets around the country.

How does Spain differ from the UK?

| | <u>UK</u> | <u>Spain</u> |
|--------------------------|----------------------------------|-----------------------------------|
| Continent | Europe | Europe |
| Climate | Temperate | Mediterranean |
| Physical Features | Rivers Mountains Coastline | Mountains Volcanoes Beaches |
| Human Features | Schools Churches | Schools Churches |
| Food grown | Wheat Oats Potatoes | Grapes Oranges Lemons |

