

# Where Does Our Food Come From?

Vocabulary	Definition
<b>Trade</b>	The buying and selling of goods.
<b>Import</b>	Bring goods into a country from abroad to sell.
<b>Export</b>	Sending goods to another country for sale.
<b>Climate</b>	The long-term pattern of weather in an area.
<b>Farming</b>	Growing crops or keeping animals by people for food.
<b>Harvest</b>	To collect what has been planted and grown in the ground.

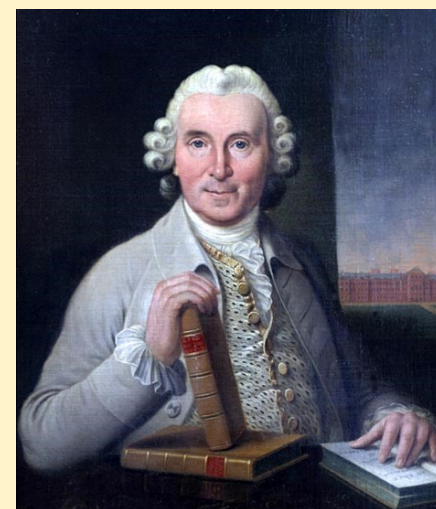
## Fair Trade

Fairtrade works with farmers/supermarkets to ensure that the framers get paid and are treated fairly. Food and products from Fairtrade farms carry the Fairtrade logo.



## James Lind (1716-1794)

James Lind worked with sailors who were suffering from an illness called scurvy. Sailors with scurvy were tired, their joints and muscles were weak and achy and they felt tired. Their gums bled and many lost teeth. Lind discovered that scurvy was caused by a lack of vitamin C and eating citrus fruits could cure the disease.



## How do bananas reach our fruit bowl?

### Growing

In Costa Rica, a country in central America, bananas are grown on large plantations. Growers have to make sure the plants have **enough water**, are **supported** when the bananas become heavy and are **sprayed with pesticides** to get rid of insects

### Harvesting

Bananas can be harvested 9–12 months after planting. They are harvested by hand while they are still green and taken to a processing plant. The bananas are sorted into bunches and washed to get rid of insects and chemicals.

### Transportation

Lorries collect the bananas from the processing plant and take them to the docks. They are packed into refrigerated cargo ships that keep the bananas cool. It takes between six and twelve days for the bananas to reach the UK. When they arrive at their destination, they are unloaded from the ship and transported to a ripening room. They are then transported by lorry to shops and supermarkets around the country.

## How does Costa Rica differ from the UK?

	<u>UK</u>	<u>Costa Rica</u>
<b>Climate</b>	Temperate	Tropical
<b>Continent</b>	Europe	North America
<b>Physical Features</b>	Rivers Mountains Coastlines	Mountains Volcanoes Coastline
<b>Human</b>	Schools Churches	Schools Churches
<b>Food grown</b>	Wheat Oats Potatoes	Bananas Avocados Olives

