

Crossdale PE Long Term Plan  
COVID - 19

Crossdale PE COVID - 19	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
COVID – 19 Plan	Sept - Oct	Nov - Dec	Jan - Feb	Mar - Apr	Apr - May	June - July
Reception	Me & Myself	Throwing + Catching x 2	Movement Development	Ball Skills	Invasion Games- Football x 2	Fun and Games
Year 1	Invasion Games Football x 2	Throwing + Catching x 2	Gymnastics x 2	Dance x 2	Net / Wall Activities Tennis X 2	Striking & Fielding (Rounders) + Athletics ( Sports Day)
Year 2	Invasion Games Football x 2	Throwing + Catching x 2	Gymnastics x 2	Basketball	Net / Wall Activities Tennis X 2	Striking & Fielding (Rounders) + Athletics ( Sports Day)
Year 3	Athletics x 2	Invasion Games Football x 2	Gymnastics x 2	Hockey x 2	Net / Wall Activities Tennis X 2	Striking & Fielding (Rounders) + Athletics ( Sports Day)
Year 4	Athletics x 2	Invasion Games Football x 2	Gymnastics x 2	Hockey x 2	Net / Wall Activities Tennis X 2	Striking & Fielding (Rounders) + Athletics ( Sports Day)
Year 5	Athletics x 2	Invasion Games Football Healthy Hearts	Gymnastics Healthy Hearts	Basketball	Net / Wall Activities Tennis X 2	Striking & Fielding (Cricket) + Athletics ( Sports Day)
Year 6	Athletics x 2	Invasion Games Football Healthy Hearts	Gymnastics Healthy Hearts	Basketball	Net / Wall Activities Tennis X 2	Striking & Fielding (Cricket) + Athletics ( Sports Day)