

The Cautious Caterpillar Transition

Reception to Year 1 Teaching Ideas

Use our wonderful Twinkl Originals story, [‘The Cautious Caterpillar’](#), to support children during transition activities into year 1. There is a selection of activities below to encourage children to talk about the story and relate to their own thoughts and feelings about changing class. Perfect for use during transition days!

Read the story to the children. Encourage them to talk about how Cody the Caterpillar feels throughout the story. What was Cody worried about? How did she overcome her worries? How did she feel at the end of the story?

Create a small world version of the story, using this [Small World Background](#) and these [Stick Puppets](#). Encourage children to work together in groups to retell the story – describing how Cody was feeling through her adventure.

Provide this [Activity Sheet](#) for children to complete. Encourage children to talk about who their friends are, what they enjoy learning, what they are good at and what they would like to get even better at in year 1. Children could discuss their ideas first and then, draw or write into the boxes on the Activity Sheet.

Have a circle time based on the story. Talk about how Cody felt throughout the story – how she went from being worried/cautious about changing into a butterfly to feeling brave and excited. Remind the children that by talking to her friends, Cody found a way to be brave and change into a butterfly. Pass a toy around a circle and encourage the children to say how they are feeling about changing class. Are they excited? Worried? What are they looking forward to doing in year 1? Encourage children to share their thoughts and feelings and discuss ways of overcoming any worries they may have, such as visiting their year 1 classroom and meeting their new teacher.

Try a hot-seating activity with an adult or child taking on roles as the characters in the story. Encourage the rest of the group to ask questions for the characters to answer. These [Role-Play Headbands](#) could be useful.

