

You have been Superheroes and stayed at home.

You stayed in your house most of the time apart from daily exercise or shopping. You did all your learning at home.

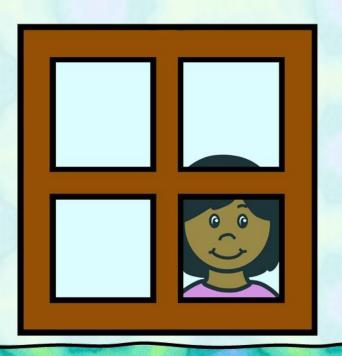
You kept to the social distancing rules and stayed 2 metres apart from anyone outside of your house.

You sneezed into your elbows.

You washed your hands with soap for 20 seconds or you counted elephants as you washed your hands- 1 elephant, 2 elephant, 3 elephant and so on.

You used tissues to wipe your noses and you put them in the bin!

You even stopped seeing your friends and family who didn't live with you.





www.elsa-



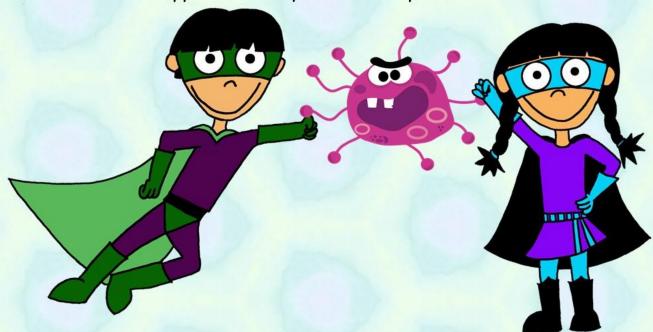


## **GUESS WHAT?**

LESS people are getting the Coronavirus now! You did an AWESOME job!

You should feel really proud of yourselves for helping to fight the Coronavirus! You are true superheroes!

You deserve a round of applause! Give yourself a clap now!

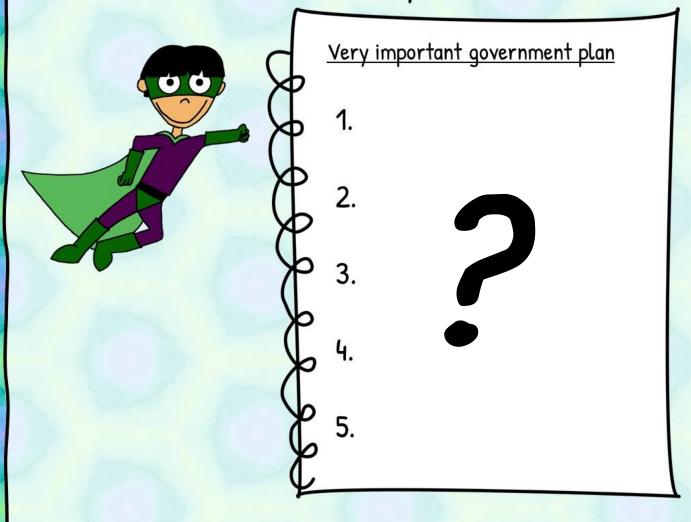




Our government want to get things back to normal. They have a plan.

A plan is a list of things that needs to be done to make sure everyone stays safe.

EVERYONE MUST follow the plan.





To get back to normal everything needs to be done a little bit at a time.

You might have noticed that you are allowed outside more now? You might have noticed that your mum or dad might be going to work now. You might have noticed you can meet some people you know outside of your house, providing you stay 2 metres apart.

It is important that everyone sticks to the plan.
We don't want LOTS of people getting sick again. If people don't stick to the plan then that might happen.



Very important government plan

1. The people can go outside

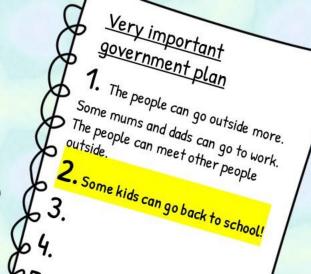
The people can go outside more. Some mums and dads can go to work. The people can go.

5 4. 5 5. Number 2 on the plan is that...

## SOME KIDS CAN GO BACK TO SCHOOL!

Our very important scientists think it is safe now for SOME kids to go back to school. They can't ALL go back at once. That would be too much because remember a plan is about doing a little bit at a time.





YOU have been chosen to go back!

How does that feel?

You might feel worried, excited, happy, sad, scared, angry, shocked or something else?

But do you know what? That is ok!

All feelings are ok. If you have big feelings then there will always be someone at school that can help you and make you feel better and safe. Your teachers are really good at that. They can help you feel better if you talk to them.









When you come back to school some things will be the same and some things will be different.

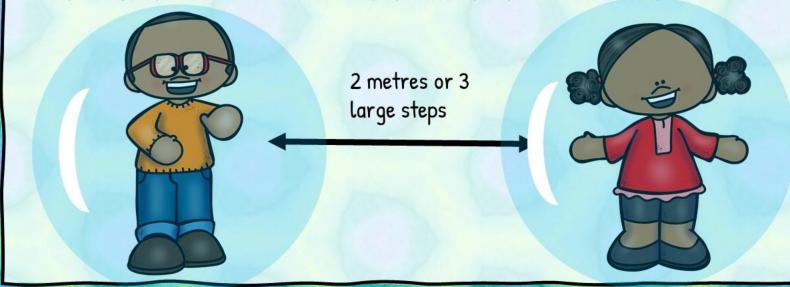
Your teachers will tell you more about that. They are working hard to make your school SAFE.

Here are a few things that will be different.

You will be taught in bubbles (not bubbles that you blow with bubble mixture) but this means groups of children. You will have been taught in groups before so it isn't THAT different.

You will be taught and spend time in school with a group of children and one or two of the adults from your school. It might be your teacher now but it might be another teacher. This will be your bubble!

Your friends might be in other bubbles and you won't be able to play with them. That might make you feel a bit sad but it won't be forever! You can still wave at them or smile at them.



Your teachers will tell you MORE about what might be different in your school.

You just need to remember what you were doing at home to stay safe and you will do similar things in school to stay safe.

Your teachers have organised lots of exciting things for you to do at school.

Most importantly it will be FUN!





So remember you are in the Superhero team and you are going to continue to fight this virus!

Be proud of yourselves.

You have done a brilliant job so far!

The school staff can't wait to see you again and welcome you back to school.

They have MISSED YOU so much!

See you soon!



